



## FUSSY EATER AND FOOD AVERSION GROUPS

Objectives are to assist infants & children that have swallowing, feeding and eating difficulties including fussy eaters, children with narrow food ranges and/or food aversions.

### HOW THE GROUP WILL RUN:

- 10 week program run by Speech Pathologist/s.
- Initial individual clinical feeding assessment/observation session.
- Two individual feeding sessions to established goals and establish base skills.
- Allocation to groups for 7 x 45 minute group sessions as appropriate.
- Max 4 – 6 children per group.
- Parent involvement to ensure transfer of skills to home environments.

**COST:** Negotiable depending on numbers. FaHCSIA Autism Early Intervention and Better start Panel Providers, HiCAPS and Medicare Initiatives funding options.

### UNIQUE ASPECTS OF THIS PROGRAM

Assessments and group design based on current research findings to assist fussy eaters, oro-motor difficulties and children with food aversions.

Will incorporate a multi-modality approach including oro-motor skill development, sensory integration, cognitive and functional behavioural management approaches.

Opportunity for Occupational Therapist and Child Psychologist to join sessions or to have parallel input as required.

Open to all children with and without formal diagnosis of other issues as staff are experienced in feeding issues with a range of known and unknown causes.

Staff have particular experience with children with special needs e.g. children with Autism, Down's Syndrome.

Wholistic approach taken e.g. language development and communication means can be incorporated into sessions e.g. signing, PECS, devices.



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